

FALL 2019 – SPRING 2020

COMPETITION TEAM SCHEDULE

Competition teams required a try out and began this summer. Try outs are every May. If you are interested in joining competition teams sooner than May 2020 email blissacademy@gmail.com

STUDIOS

Studio 1 = The studio at the back of the basketball courts, nearest the lockers (dance room)

Studio 2 = The studio at the back of the basketball courts, farthest from the lockers (tumbling room)

Studio 3 = The studio west of the basketball courts, right after the racket ball rooms (aerobic room)

Studio 4 = The room also used for Racket ball, in-between Studio 1 and studio 3 (racket room)

INSTRUCTORS

~ **AP** = Allie Platt

~ **DR** = Dayne Rockwood

~ **JU** = Julie Nygard

~ **LR** = Lisa Reid

~ **MH** = Mickenzie Howe

~ **CC** = Cassi Cook

~ **HW** = Heather Williams

~ **KV** = Kira Vandergriff

~ **MC** = Mckelle Christensen

~ **PZ** = Paige Zullo

~ **CB** = Caitlin Black

~ **JJ** = Jenn Johnnon

~ **LT** = Lacie Trout

~ **MM** = Missy Machin

~ **RH** = Rebecca Hewitt

~ **DA** = Dayna Atwood

~ **JN** = Jenni Nielsen

~ **LF** = Lauren Fratto

CREWS

With the exception of BAD Crew, Each Hip Hop Crew Member must choose a minimum of ONE other class outside of their Crew. This can be another competition team, a performance team, a tumbling or poppin class etc.

SWAG CREW:

- [22] Choreo: Mondays 6:00-7:00 – Studio 1, CC

GROOVE CREW:

- [97] Choreo: Wednesday 4:45-6:00 – Studio 1/ Studio 3, KV

HYPE CREW/FUNK CREW

- [98] Choreo: Tuesdays 5:30-7:00 – Studio 3, MH

FUNK CREW

- [99] Choreo: Tuesday 5:30-7:00 – Studio 4, MH

B.A.D. CREW

- [41] Choreo: Thursdays 7:30-9:30 – Studio 1, TBA

SQUADS

Each Cheer Squad Member must choose a minimum of ONE tumbling class to fit their level.

PINK POWER SQUAD (Mondays 4-5:45 & Tuesdays 5:30-7:00 + 75 min tumbling)

- [257] Choreo: Monday 6-7:15pm, Wednesdays 5:00-7:15pm – Studio 4/Studio 2, DA
Choose the correct level tumbling class
- [72] Tumbling (*Beg/Int Prep*): Wednesdays 4:00-5:00- Studio 2, PZ
- [86] Tumbling (*Int/Adv Prep*): Wednesdays 5:15-6:30- Studio 2, PZ

SILVER STARS SQUAD (Mondays 4-5:45 & Tuesdays 5:30-7:00 + 75 min tumbling)

- [106] Choreo: Monday 4:00-5:45pm, Tuesdays 5:30-7:00pm – Studio 4/Studio 2, MC
Choose the correct level tumbling class
- [59] Tumbling (*Int Prep/Int*): Tuesdays 7:15-8:30pm - Studio 2, MC
- [109] Tumbling (*Adv Prep/Adv*): Tuesdays 4-5:15pm- Studio 2, MC

BLACK MAGIC SQUAD: (Wednesdays 6:15-8:45 & Thursdays 5:30-7:00 + 75 min tumbling)

- [107] Choreo: Wednesday 6:15-8:45pm, Thursday 6:15-7:45pm - Stu 4/Stu 2, LT
Tumbling classes Split by level
- [69] Tumbling (*Int Prep/Int*): Thursdays 7:45pm-9:00pm- Studio 2, LT
- [71] Tumbling (*Adv Prep/Adv*): Thursdays 5:00-6:15pm - Studio 2, PZ

COMPANIES

Jr Prep, Jr and Sr Prep Company students must attend two Saturdays per month for 2.5 hours. The registration is calculated for just the two, however there is no charge for company students who choose to attend more than two each month.

MINI CO (Monday 4-5:30 and Tuesday 4-6:15)

- [100] Choreography (*Beginning*): Tuesday 4:00-5:00pm – Studio 3, MH
- [111] Tumbling (*Int Prep/Int*): Tuesday 5:15-6:15pm – Studio 2, TBD
- [80] Jazz/Ballet (*Beginning*): Mondays 4:00-5:30pm – Studio 3/Studio 1, MH

JUNIOR PREP CO (Mondays 6-8:15, Wednesdays 5:00-8:00, Saturdays 9:00-11:30am)

- [101] Choreography: Thursday 6:45-8:00 – Studio 3, AP/KV
- [134] Ballet (*Int Prep*): Monday 6:00-7:00– Studio 1, MH
- [40] Tumbling (*Int Prep/Int*): Monday 7:15-8:15pm – Studio 2, DA
- [89] Ballet (*Int Prep*): Thursdays 5:00-5:45pm– Studio 1, MH
- [82] Jazz Tech (*Int Prep*): Thursdays 5:45-6:45pm – Studio 1, AP/KV
- [92] Jazz Tech/Dance Acting (*Int Prep*): Saturdays 9:00-10:30am, Studio 1, JU
- [135] Acro/Flexibility (*Mixed Levels*): Saturdays 10:30-11:30am – Studio 2, MC

JUNIOR CO: (Mondays 5:30-9:00pm, Thursdays 5-7:30, Saturdays 9:30am-12pm)

- [103] Choreography + deep stretch: Monday 5:00 - 7:30pm – Studio 3, JN
- [249] Ballet (*Int*): Monday 7:45-9:00pm – Studio 1, MH
- [84] Jazz Tech (*Int/Adv Prep*): Thursday 6:15-7:30pm – Studio 3, MH
- [74] Jazz Tech/Acting (*Int/Adv Prep*): Saturdays 10:30am-12:00pm– Studio 1, JU
- [91] Acro/Flexibility (*Mixed Levels*): Saturdays 9:30-10:30am – Studio 2, MC

Choose one of the below:

- [88] Ballet (*Int*): Thursday 5:00-6:15 – Studio 1, MH
- [90] Pointe (*Beginning*): TBD –Studio 1, LF

SENIOR PREP CO (Wednesday 4-8:00pm, Thursdays 5-7:30pm, Saturdays 9:30am-12pm)

- [137
-] Choreography: Wed 4-5:15pm – Studio 3, MM
- [81] Jazz Tech (*Adv Prep/Adv*) Wednesday 5:15-6:30 – Studio 1, MM
- [85] Ballet (*Int Pointe/Adv Prep flat*): Wednesdays 6:45-8:00pm – Studio 1, LF
- [84] Jazz Tech (*Int/Adv Prep*): Thursday 6:15-7:30 – Studio 3, MH
- [74] Jazz Tech/Acting (*Int/Adv Prep*): Saturdays 10:30am-12:00pm– Studio 1, JU
- [91] Acro/Flexibility (*Mixed Levels*): Saturdays 9:30-10:30am – Studio 2, MC

Choose one of the below:

- [88] Ballet (*Int*): Thursday 5:00-6:15 – Studio 1, MH
- [90] [90] Pointe (*Beginning*): TBD –Studio 1, LF
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SENIOR CO (Wednesdays 5:15-9:15)

- [83] Sr Co Choreo: Wednesdays 8:00-9:15 –Studio 3, MH
- [81] Jazz Tech (*Adv Prep/Adv*) Wednesday 5:15-6:30 – Studio 1, MM
- [85] Ballet (*Int Pointe/Adv Prep flat*): Wednesdays 6:45-8:00pm – Studio 1,